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CURRICULUM VITAE

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EDUCATION_____

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| • 2001 University of Houston | M.A. Behavioral Science, Psychology |
| • 2001 University of Houston | Post-Graduate Art Therapy Degree |
| • 1974 Houston Community College | Pre-Med and Psychology courses |
| • 1963 Louisiana College | B.F.A. Fine Arts, Art |
| • 1959 McNeese State University, Louisiana | Liberal Arts courses |

CURRENT POSITIONS_____

- Adjunct Faculty: Psychology Department: University of Houston-Clear Lake
- President and Founder: Reiki Touch® Institute of Holistic Medicine
- Utilizing Reiki, Art/Play Therapy with Bruce Perry, M.D.,'s international adoptee patients
- Seminar Leader, Lecturer and Consultant on Child Abuse and Art Therapy
- Professional Mediator: Cross-Cultural Business; Family and Domestic Issues
- Author of *Healed by Light, Reiki Touch® Twentieth Anniversary Edition* and *Healing H'Arts*

FORMER POSITIONS_____

- 1995-1999: Research projects (see research below)
- 1996-1998: Texas Children's Hospital, CIVITAS Child Trauma Program. Utilizing holistic medical treatments on severely maltreated children, under the auspices of Bruce D. Perry, M.D., Ph.D., formerly Chief of Staff for Psychiatry and Neurology, Texas Children's Hospital; now Senior Fellow of ChildTrauma Academy
- 1974-1982: Owned and operated residential real estate agency; Houston, Texas.
- 1968-1974: Art educator in public and private schools; Junior High and High School.
- 1965-1968: Auburn University, Alabama; Art faculty in Fine Arts and Graphic Design.

RESEARCH

- 1999-2001: Department of Medicine, University of Arizona, Tucson, Arizona; Designed and organized research study entitled “Efficacy of Reiki Touch®Therapy in Reducing Pain, Nausea and Anxiety associated with Radiation and Chemotherapy Treatments for Patients with Cancer.” In association with Andrew Weil, M.D., Integrative Medicine Program.
- 2000: University of Houston; Independent Study entitled “Art Therapy Modalities with Abused Foster Children.”
- 1998-1999: Kessler Rehabilitation Research Center, New Jersey; Consultant for Holistic Medicine Study entitled “Effect of Energy Healing on Post-Stroke Rehabilitation Patients.”
- 1996-1998: University of Texas Health Science Center; Designed and managed study entitled “Reiki Touch®Study on TMJ.” (Temporomandibular dysfunctions)
- 1995-1996: University of Texas Health Science Center; Designed and managed study entitled “Triangulated Evaluation of Reiki Healing.”
- 1994-1995: Harvard Medical School, Community Health Program; Designed and consulted study entitled “Reiki Touch®Therapy with Psychiatric Patients with Severe Chronic Pain.” Study was replicated three times.

CONFERENCE PRESENTATIONS

- 2005-Current: Delta Kappa Gamma; Professional School Counselors; School Art Teachers.
- 2003-2004: Bangkok, Thailand. Reiki Touch® lectures and consultations.
- 2000-2001: University of Houston, Houston, Texas; Presentation: “Student Views of Holistic Medicine Compared to Traditional Medicine.”
- 1999-2000: Department of Medicine, University of Arizona, Tucson, Arizona, in conjunction with Andrew Weil, M.D., Integrative Medicine Program. Seminars entitled “Reiki Touch®Therapy as Related to Cancer Research.”
- 1998-1999: Harvard Medical School Teaching Facility, Dana Farber Cancer Institute and Brigham & Women’s Hospital, Boston, MA.; Seminars entitled “Reiki Touch®Therapy as Related to Cancer Treatment.”
- 1997: University of Texas School of Nursing: Presentation, “Touch Therapies, in particular addressing Reiki Touch®Therapy.”
- 1996: University of Texas School of Nursing: Presentation, “Holistic Therapies, including Reiki Touch®Therapy.”
- 1995: (Selected) Wives of Ambassadors of the United Nations, New York City, New York; Advanced Seminar, “Holistic Medicine with Energy”
- 1995: Reiki Masters in Global Reiki Alliance: Curacao, Dutch West Indies; Presentation, “Reiki Touch®Therapy.”

- 1995: Reiki Masters in Montreal, Canada; Presentation, "Reiki Touch®Therapy."
- 1994: (Selected) Members of the Theatre and the Arts, London, England; Presentation, "Holistic Medicine with Energy."
- 1994: Health Connections Company; Hong Kong; Presentation and Seminars, "Holistic Medicine and Spirituality."
- 1989: Health and Spirituality Conference, Vancouver, British Columbia; Presentation, "Holistic Medicine and Touch Therapies."
- 1986: Waidongong Health Conference, Taipei, Taiwan; Presentation, "Holistic Medicine of Oriental Traditions."
- 1986: American Imagery Association, Chicago, Illinois; Presentation, "The Dragon Within."
- 1986: University of Houston, Houston, Texas; Women's Annual Conference, Presentation, "Own Your Power."
- 1985: Unity World Conference, Houston, Texas; Presentation, "The Power of Inner Healing."
- Numerous other speaking engagements globally.

PUBLICATIONS

- Author: *Reiki Touch* book; First Edition: 1988. Second Edition: 1995. Amazon.com (under Judy-Carol Stewart).
- Author of numerous newspaper and magazine articles.
- Featured in major newspapers such as Hong Kong Standard Sunday Magazine, May 1, 1994; Mexico City's El Universal – El Gran Diario De Mexico, 1992, 1993, and 1994. Houston Chronicle Lifestyle Section, September 20, 1987. Also smaller national papers.
- Acknowledged, cited and quoted (from book, *Reiki Touch*), in medical journals as follows:
- 1992: Doctoral Dissertation for University of Texas School of Public Health: "*Conceptual Models of Healing and Health: An Ethnography of Healers and Nurses*", by Joan Engebretson, Dr.PH. Numerous articles written from this dissertation from which Julia Carroll is acknowledged, cited and quoted from her book, *Reiki Touch*.
- 1996: *Qualitative Health Research, An International/ Interdisciplinary Journal*. Volume 6, No. 2.
- 1996: *IMAGE Journal of Nursing*. Volume 28, No. 2.
- 2001: *Journal of Advanced Nursing, Blackwell Science Ltd.*, Volume 33, No. 4.
- 2002: *Alternative Therapies, A Peer-Reviewed Journal*, Volume 8, No. 2.
- 2002: *Emerging Lifestyles Magazine*, Volume 4, No. 12.
- 2005: Author: book, *Healing H'Arts: Spiritual Shaman Secrets*; Amazon.com.
- 2006: Author: book, *Harmed by Night- Healed by Light*; Art Therapy; Amazon.com.
- 2008: Author: book, *Healed by Light*; Healing sexual abuse with art therapy. Amazon.com.
- 2008: Author: book, Reiki Touch®Twentieth Anniversary Edition: Professional Touch Mysteries

-Additional-

- 2001: Designed and taught university level undergraduate curriculum for art therapy course, University of Houston, Houston, Texas.

-Memberships-

- AAUP American Association of University Professors
- AATA American Art Therapy Association
- AAUW American Association of University Women
- AASMI American Association for the Study of Mental Imagery
- AHP Association for Humanistic Psychology
- ATP Association for Transpersonal Psychology

Metaphysical & Fringe Medicine Curriculum Vitae

- Old and New Testament Courses, Louisiana Baptist College; 1960-1963
- Prosperity Seminars, New York, San Francisco, Houston; 1975- current
- Omega Seminar, Leonard Orr: Houston, Texas; 1976
- Sound and Color, William David: Sedona, Arizona; 1978
- Meditation Seminar, William David: Sedona, Arizona; 1978
- Psychic Phenomena; Leonard Parsons: London, England; 1978-1980
- Mystery Schools, Jean Houston, Ph.D.: Houston, Austin, Texas; 1980-85 & 2001
- Reiki I, II, Reiki Master; 1982-Current
- Psychic Surgery; Mexico, Orient, USA; 1982-1988
- Physio-Spiritual-Etheric-Body Healing, David Jarrell: Houston, Texas; 1983
- Master of Seven Rays, David Jarrell: Miami, Florida; 1983
- Trager Body Movement, Milton Trager, M.D.: Houston, Texas; 1983
- Dreams and Symbols, Carl Jung Center: Houston, Texas; 1983
- Native American Studies, Florida, Tennessee and Texas sites; 1983-1987
- Aquarian Old and New Testament Studies, Houston, Texas; 1984
- Divine Feminine Seminar, Mary Elizabeth Marlow: Virginia Beach, Va.; 1984
- Emerging Woman Seminar, Mary Elizabeth Marlow: Houston, Texas; 1984
- Aura Studies and Psychic Healing, Olivia Crawford: New Orleans, La.; 1984
- Cancer Visualization Seminars, Carl Simonton, M.D.; Houston, Texas; 1984
- IA, Integrative Awareness Seminar, Consuela Newton: Chicago, Illinois; 1984
- Pranic Healing, Earnestine Michenor: Baltimore, Maryland; 1984
- Chi Gong; John Song and Herbert Yuang: Houston, Texas; 1985-1986
- Shaman Studies, Stanley Krippner, Ph.D.: Houston, Texas; 1985
- Shamanism Course, Hilary Karp, Ph.D.:University of Houston; 1985
- Shamanistic Seminar, Chuck Lawrence: University of Houston; 1985
- Reincarnation, Psychic Development, Carol Parrish: Tahlequah, Ok.; 1985
- Triangulation of Relationships, Carol Parrish: Tahlequah, Ok. ; 1985
- Exorcism Rites Studies, Barbara L. McCullough: Chicago, Illinois; 1985
- Meditation Intensives and Courses, SYDA; 1985-Current
- Huna Seminars (3), Morna Simeona with Serge King: Houston, Texas; 1985-1987
- Exorcism Rites, Barbara Lincoln McCullough; Chicago, Illinois; 1985
- Exorcism Rites Studies, Carol Parrish-Harra: Tahlequah, Ok. ; 1986
- Wai Don Gong Instructor Training, Taiwan, Republic of China; 1986
- American Association for Study of Mental Imagery, Chicago, Illinois; 1986
- Master Mind Series, Jack Boland: Houston, Texas; 1986
- Psychic Protection, Sandee Mac: Houston, Texas; 1986

- Past Life Regression Studies, Sandee Mac: Houston, Texas; 1986
- Astrological Numerology, David Jarrell: Coral Gables, Florida; 1986
- Twelve Powers of Man, Pat Pennington: Houston, Texas; 1986
- Tantra Seminar, Nellie Grose, M.D.: Houston, Texas; 1987
- Lazarius Seminar, Lazarius: Atlanta, Georgia; 1987
- Reiki Training for Dolphins, Dolphin Research Center: Florida Keys; 1987
- INTA, International New Thought Alliance, Presenter: Houston, Texas; 1987
- Return to the Heart Seminar, Bill Ferguson: Houston, Texas; 1988
- Crystal Uses Seminar, Randall Baer: Houston, Texas; 1988
- Creative Visualization Seminars, Shakti Gawain: Houston, Texas; 1988
- Breakthrough Seminar, Dr. John DeMartini: Houston, Texas; 1990
- Quantum Healing Seminar, Deepak Chopra, M.D.: Houston, Texas; 1990
- Collapsing and Coning Seminar, Dr. John DeMartini: Houston, Texas; 1990
- Feng Shui Studies for Home Balancing; Sandee Mac: Houston, Texas; 1994
- Feng Shui Studies for Financial Prosperity; Joani Nunez: Houston, Texas; 1999
- Integrative Medicine Principles, Andrew Weil, M.D.: Austin, Texas; 2000
- Holistic Behavioral Science, Joan Borysenko, Ph.D.: Austin, Texas; 2000
- Futuristic Awareness, Jean Houston, Ph.D.; Austin, Texas; 2000
- An Evening with Deepak, Deepak Chopra, M.D.: Austin, Texas; 2000
- Spirituality & Consciousness, T. Saral, Ph.D.: University of Houston, Texas; 2001
- Creativity, Irene E. Corbit, Ph.D.: University of Houston, Texas; 2001
- Educational Art Therapy, Jerry Fryrear, Ph.D.: University of Houston, Texas; 2001
- Aging, Howard Eisner, Ph.D.: University of Houston in Texas; 2001
- Esoteric Christianity I and II, Carol E. Parrish, Ph.D.: Tahlequah, Ok.; 2005
- Creative Visualization and Imagery Classes; Houston, Texas; 2006 – 2007
- Neurotherapy training for ADD/ADHD/TBI, other brain disorders; 2007
- Shaman Coaching by Prema Sheerin; Santa Barbara, CA; 2007
- Feng Shui Seminars by Katherine Ashby; Houston, Texas; 2007
- Emerging Woman studies with Mary Elizabeth Marlow 2008

